Communicating

Developing Cre8ng Workplace Communities

Continually Increasing Productivity





Is What I Think I Said What They Believe They Heard







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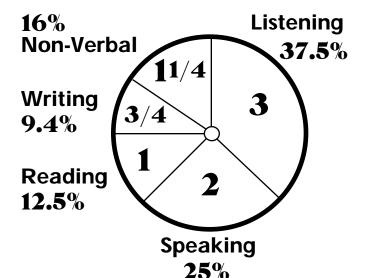
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Communicating

How We Communicate

During a typical day of 8 hours at work we communicate in different ways. Here is an estimate of how we spend our time communicating during our work days.





How We Learn

We can learn through all our senses and through many different ways. These can be called our "learning styles".



83.0	sight	eyes	say & do	90
11.0	hearing	ears	say & hear	70
3.5	smell	nose	see & hear	50
1.5	touch	body	see	30
1.0	taste	mouth	hear	20
			read	10

Show Tell Involve Reach

We want to know that people care before we care what they know.

To improve your public speaking and business presentations focus on the 5P's of Speaking.

Plan Choose your topic, points to cover & organize

Practice Practice your opening, closing and your key points

Prepare Your key points, your props, visuals and room

Place Visit the place, image yourself in the place

People Get to know the people, speak to them

Present Make it fun, dynamic, worthwhile & meaningful



Communicating Causes of Mis-communication

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The following are lists of many of the common causes of **Mis-Communication** at the workplace. How do you think they may happen in your workplace.

1. Vaguenes	S
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- 3. Complexity
- **5.** Too Much/Too Long
- 7. No Planning
- 9. No Notes
- **11.** Not Knowing the Subject
- **13.** Interruptions
- **15.** Abbreviations/Acronyms
- 17. Language
- **19.** Assumptions
- 21. Attitude
- **23**. Terminology
- **25**. Involvement
- **27.** Delivery
- **29.** In-Attention
- **31.** Hidden Agenda(s)

- 2. Interpretation
- 4. Too Little
- **6**. Ambiguity
- 8. Too Much Planning
- 10. Lack of Understanding
- **12.** Conflicting Viewpoints
- **14.** Level of Awareness
- **16.** Last Word of Message
- **18.** Technicality
- **20.** Presentation Approach
- **22.** Degree of Interest
- 24. Bad Timing
- 26. Distractions
- **28.** Poor Listening
- **30**. Indecision
- **32.** Personality Clash

Add any you can think above that are included in the lists above.

Communicating Communication Modification Tips

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If and when you need to speak with someone who's **Communication Style** is different from yours', you will probably need to translate what you are saying (speak in their language (**Communication Style**) to be better understood. In Europe if you are in France and you are Italian you speak in French to be better understood. In Germany if you are Spanish you speak in German to be better understood.

In the United States we all use the same language (words), **BUT** we **DO NOT** speak it in the same way. We do not use the same Communication Style. Therefore we need to translate what we mean into another Communication Style. Communication Styles may vary from region (Southeast to Northwest), profession, occupation, age, perhaps even county to county or city to city or town to town.

The following are sample ways you can translate what you are saying to be better understood by someone who has a different **Communication Style**.

MEDITATIVE

- 1. Prepare your facts ahead of time.
- 2. Link all your facts together.
- 3. Stick to business.
- 4. Ask your listener to explain what they understood.

Intuitive

- Have your facts but keep your conclusions flexible.
- Stay flexible to possibilities of different understandings or viewpoints.
- Allow wandering but keep bringing the discussion back to business.
- 4. Summarize what you were saying and listen to the listener's version.

negotiative

- Be friendly and casual while you talk about business.
- 2. Use first names not titles.
- 3. Get them involved. This is is easily done by talking about something of interest to them. Ask their opinions based upon their experiences and their fellow workers' experiences.
- Ask them to explain what they are going to do and ask if they require any assistance from you.

Directive

- 1. Have you message very well organized.
- 2. Make reference to rules, policies, regulations & authorities
- 3. Have a written backup and refer to specifics by number or name.
- 4. Review the actions or results you want when you summarize.



CHARACTERISTICS OF M.I.N.D. DESIGN Developing Cre8ng Workplace Communities Communicating

All people have their own MIND DESIGN's, which represent how people THINK, LEARN, SOLVE PROBLEMS, & COMMUNICATE.

	MEDITATIVE		Intuitive		negotiative		Directive
1.	rational	1.	intuitive	1.	personal	1.	systematic
2.	logical	2.	imaginative	2.	loyal	2.	practical minded
3.	analyzer	3.	synthesizer	3.	doer	3.	planner
4.	investigative	4.	instinctive	4.	involved	4.	organized
5.	examiner	5.	experimenter	5.	socializer	5.	administrator
6.	questioner	6.	possibility producer	6.	joiner	6.	tradition follower
7.	calculator	7.	guesser	7.	follower	7.	director
8.	precise	8.	risk taker	8.	trustworthy	8.	predictable
9.	mathematical	9.	inventive	9.	personably verbal	9.	grammatical
10.	theoretical	10.	original	10.	adaptable	10.	customary
11.	problem solver	11.	conceptualizer	11.	working member	11.	coordinator
12.	rational loner	12.	flexible loner/joiner	12.	team member	12.	group member
13.	distant	13.	empathetic	13.	sympathetic	13.	removed
14.	details	14.	wholeness	14.	compromise	14.	preciseness
15.	changer	15.	changing	15.	changeable	15.	consistent
16.	clearly distinct	16.	multiple possibilities	16.	agreeable	16.	exact
17.	rule critic	17.	rule challenger	17.	rule challenger	17.	rule follower
18.	structured	18.	simultaneous	18.	random	18.	sequential
19.	goal oriented	19.	possibility seeker	19.	today enjoyer	19.	goal directed
20.	time controlling	20.	time open	20.	time flexible	20.	time focused

Communicating Basic Communication Styles

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The following descriptions clarify four basic Communication Styles.

FIRST—Read the one that matches your highest number on the **M.I.N.D. Design**© questionnaire you just completed. . Does it describe or fit you?

MEDITATIVE

You tend to be a very precise and factual person when you talk and write. You are usually matter of fact, straight-forward, and have very little patience with people who are "ramblers" or people who become too personal or are too talkative. You usually do not show such emotion in your voice. All you say or write is very clear and logical without any fuzzy, incomplete thoughts.

Intuitive

You tend to be creative and sometimes playful in your speaking and writing. You usually see things in different ways than other people. Sometimes this causes you not to be understood by other people, even some who know you. You speak very colorfully, using images and gestures. People try to pin you down to specifics which annoys you usually. You may tend to be excitable and dramatic. You are frustrated by people who follow rules too much.

SECOND--Read the one that matches your lowest number. If you have matching low numbers read the one 2 to right or 2 to the left from your highest, ie: if your highest was MEDITATIVE now read NEGOTIATIVE, if your highest was DIRECTIVE now read INTUITIVE.

negotiative

You usually are a very talkative very personal. fun, joke-telling (one after another) talker. You will sometimes talk over other people or at the same time. You try to listen very closely to anyone who talks openly and honestly. You talk and write with a lot of emotion or would like to if it was accepted. You talk or write very personally using: you, me, we, us, they, them or first names. You change your inflection to show emphasis. You are frustrated by people who are just factual and not very friendly.

Directive

You are very specific when you talk and write. You are very orderly and exacting. You generally can remember and use code numbers, model or serial numbers (rarely having to look them up to verify your accuracy). and you use exact dimensions not about's. You usually can quote policies, procedures. or experts. You rarely show emotion in your voice unless your accuracy is challenged, then you will get very firm or simply tell the other person they are wrong and stop listening to them. You are easily frustrated by people who are vague and too creative.

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Communicating ABC's of COMMUNICATION

based upon MIND Design©1985

The following are 26 separate Communication Tips that may help you communicate more effectively. All of them will not necessarily work with every **Communication Style**. Your assignment is to read them and decide which of the four

- **A.** Be specific, logical and clear.,
- **B.** Leave time to socialize.
- **C.** Be straight-forward and direct, sticking to business.
- **D.** Watch for change in feelings in the voice and face or posture.
- **E.** Always refer to an expert's or someone in authority's opinion.
- **F.** Take your time getting into the business issue.
- **G.** Get them involved personally in the conversation.
- **H.** Always ask specific questions.
- **I.** Speak about objectives and results.
- **J.** Ask for their opinions and ideas.
- **K.** Organize what you are going to say ahead of time.
- **L**. Use a minimum of facts and figures.
- **M.** Stay open-minded about opinions.

Basic Communication Styles (based upon M.I.N.D. Design©) they are each aimed at. Some might work with more than one Style. You need only justify why you chose the style or styles you picked.

- **N.** Speak about possibilities and ask for others.
- **O.** Present your ideas one at a time in order (first things first).
- **P.** Have a specific purpose.
- **Q.** Leave room for debate.
- **R.** Predetermine specific times (starting & ending) and deadlines.
- **S.** Discuss personal feelings and ask for their's.
- T. Always stick to business.
- **U.** Move casually and informally, getting them involved gradually.
- **V.** Be pragmatic and follows rules, policies & guidelines precisely.
- **W.** Give definite, provable and practical examples.
- **X.** Ask "How?" questions to get their ideas and opinions.
- **Y.** Emphasize facts, figures and logic.
- **Z.** Be relaxed, kid around some don't focus on time.,



Communicating How to Improve Listening skills

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The following are basic suggestions that can be used to develop effective listening skills no matter what communication style may be most natural for you.

1.	something you can use.	
2.	Find areas of	·
3.	Take the initiative to get	_·
4.	Work at it	··
5.	Focus your attention on	not.
6.	Take meaningful	
7.	Resist	
8.	Hold your	
9.	Don't just	·
10.	Watch out for or	·
11.	Keep an	_•
12.	Take advantage of your	_•
13.	Study what is said	
14.	Evaluate and be critical of	not their delivery.

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NON-VERBAL COMMUNICATION

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As separate pieces of communication, individual types or forms of non-verbal communication are not always the same. Each of them may vary with the situation or the individual personality of the listeners and speakers. The emotional relationships between people also affect the reading of non-verbal clues.

There are typical groups of clues. Individual clues may represent different meanings. The following are twelve typical groups of non-verbal communication clues. Write down an example of one for each of them you experience on the job.

TYPICAL GROUPS

- 1. Openness
- 2. Defensiveness
- 3. Evaluation
- 4. Suspicion
- **5.** Readiness
- **6.** Cooperation

- 7. Frustration
- 8. Confidence
- **9.** Nervousness
- **10.** Self-Control
- **11.** Boredom
- 12. Acceptance



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types of

NON-VERBAL Communication

Samples

actions	body parts, whole body in place	gestures	hand, arm, head, leg, foot, body
		location	close, far, up, down, side, front, rear
charts		movements	small, large, fast, slow
clothing	amount, style, color,	position	close, far, standing, sitting
•	amount, shade, hue, color	props	amount, size, movement
color		quality	degree or level of
design	type, style,	quantity	amount
diagrams	complexity/simplicity	relationship	work, family, friend, stranger, client
displays	two, three, four dimensional	relocation	stranger, enem
drawings	type, style: freehand, drafted,	room layout	type of room or area
	computer artistic, engineering, scientific	sounds	
facial expressions		timing	
	eyes, nose, mouth, forehead, chin, etc.	titles	appointed, volunteer, official,
furniture amount, style, type, size, us		tools	unofficial
		touch	amount, where, how, degree (hard, soft, gentle, rough,
			tender, aggressive.

Communicating Recommended Reading

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To add to the experience of this workshop you might read some of these books. Your reading will enhance and expand the knowledge and skills you gathered, acquired or reinforced during the program.

McGraw-Hill 1989

David Greenberg Simply Speaking!

Simply Speaking, Inc.1997

Deborah Tannen, Ph.D. Talking 9 to 5

William Morrow 1995

and Company, Inc.

You Just Don't Understand

William Morrow 1990

-

and Company, Inc.

That's Not What I Meant!

Ballantine Books 1986

George Walther **Power Talking**

Berkeley Books 1992

Richard Saul Wurman Information Anxiety

Doubleday 1989

Gerard Nierenberg How to Read a Person Like a Book

Pocket Books 1971

Communicating HOW TO IMPROVE LISTENING SKILLS Developing Cre8ng Workplace Communities Continually Increasing Productivity

The following are basic suggestions that can be used to develop effective listening skills no matter what communication style may be most natural for you.

1.	Find	something you can u	ise.
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- 2. Find areas of **common interest**
- 3. Take the initiative to get **involved**
- 4. Work at it. **Practice** . **Practice** ...
- 5. Focus your attention on <u>over all intent</u> not <u>correctness</u>.
- 6. Take meaningful <u>notes</u>.
- 7. Resist <u>interuptions</u>.
- 8. Hold your **input**.
- 9. Don't just wait your turn to speak
- 10. Watch out for **buzzwords** or **hot buttons**.
- 11. Keep an **open mind**
- 12. Take advantage of your **_thinking time** .
- 13. Study what is said <u>not what you think is said</u>.
- 14. Evaluate and be critical of **content** not the delivery.

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